Duration of antimicrobial treatment for complicated intra-abdominal infections after definitive source control: A systematic review, meta-analysis, and practice management guideline from the Eastern Association for the Surgery of Trauma

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BACKGROUND:	Recent studies have evaluated outcomes associated with duration of antimicrobial treatment for complicated intra-abdominal in- fections (cIAI). The goal of this guideline was to help clinicians better define appropriate antimicrobial duration in patients who have undergone definitive source control for cIAI.
METHODS:	A working group of Eastern Association for the Surgery of Trauma (EAST) performed a systematic review and meta-analyses of the available data pertaining to the duration of antibiotics after definitive source control of cIAI in adult patients. Only studies that compared patients treated with short vs. long duration antibiotic regimens were included. The critical outcomes of interest were selected by the group. Noninferiority of short compared with long duration of antimicrobial treatment was defined as an indicator for a potential recommendation in favor of shorter antibiotics course. The Grading of Recommendations Assessment, Development and Evaluation methodology was used to assess the quality of the evidence and to formulate recommendations.
RESULTS:	Sixteen studies were included. The short duration ranged from 1 dose to ≤ 10 days, with an average of 4 days, and the long duration ranged >1 day to 28 days, with an average of 8 days. There were no differences between short and long duration of antibiotics in terms of mortality (odds ratio [OR], 0.90; 95% confidence interval [CI], 0.56–1.44), rate of surgical site infection (OR, 0.88; 95% CI, 0.56–1.38); persistent/recurrent abscess (OR, 0.76; 95% CI, 0.45–1.29); unplanned interventions (OR, 0.53; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospital length of stay (mean difference, –2.62 days; CI, –7.08 to 1.83 days); or readmissions (OR, 0.92; 95% CI, 0.12–2.26); hospita
CONCLUSION:	0.50–1.69). The level of evidence was assessed as very low. The group made a recommendation for shorter (four or less days) versus longer duration (eight or more days) of antimicrobial treat- ment in adult patients with cIAIs who had definitive source control. (<i>J Trauma Acute Care Surg.</i> 2023;95: 603–612. Copyright © 2023 Wolters Kluwer Health, Inc. All rights reserved.)
LEVEL OF EVIDENCE: KEY WORDS:	Systematic Review and Meta-Analysis; Level III. Antimicrobials; antibiotics; duration; treatment; complicated intra-abdominal infections.

C omplicated intra-abdominal infections (cIAIs) are a major cause of morbidity and mortality worldwide.¹ They are defined as infectious processes that extend beyond the affected

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J Trauma Acute Care Surg Volume 95, Number 4 organ and causes either localized or diffuse peritonitis.¹ Many pathological processes, such as acute appendicitis, acute diverticulitis, perforated peptic ulcers, perforated colon cancers, and infectious colitis, are included into this group. One important aspect of the clinical management of these conditions is the duration of antimicrobial treatment once definitive source control has been achieved. Definitive source control is defined as a procedure (surgical intervention or percutaneous drainage) to remove the infected fluid and/or tissue and to prevent further infection and contamination.^{2,3} A commonly accepted practice has been to continue the antibiotic course for at least 7 days after definitive source control until sepsis is resolved.² Recently, the STOP-IT Trial by Sawyer et al.,² published in 2015, found no difference in clinical outcomes between patients who were treated with a fixed antibiotic course of 4 days versus treatment of antibiotics for 2 days after the resolution of symptoms with a median found to be 8 days. Guidelines from the World Society of Emergency Surgery (WSES), the Infectious Disease Society of America (IDSA), and the Surgical Infection Society all recommend a short course (fewer than 5 days) of antibiotics in those patients with cIAI and definitive source control.^{1,3}

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In the recent years, studies investigating outcomes associated with duration of antibiotics treatment in complicated intra-abdominal infection, have emerged. In light of this newly published data, we aimed to revisit and incorporate the data from those studies into the recommendations of WSES, IDSA and the Surgical Infection Society, as well as to apply a different methodology into making recommendations. A group composed of members of the Eastern Association for the Surgery of Trauma (EAST) was tasked with reviewing the current literature and formulating practice management guidelines for duration of antimicrobial treatment in cIAI after attaining definitive source control. EAST members published the organization's approach to practice management guideline development using Grading of Recommendations Assessment, Development and Evaluation (GRADE) methodology in 2012.⁴ GRADE was created to provide a transparent method for developing and presenting summaries of evidence through a systemic approach for making clinical practice guideline recommendations. It has been widely adopted and is the preferred tool for grading the quality of evidence and for making recommendations in health care settings.⁵

METHODS

The AGREE Reporting Checklist guideline was used to ensure proper reporting of methods, results, and discussion (SDC 1, http://links.lww.com/TA/D112).

The objective of this guideline was to determine the optimal duration of antibiotic treatment in adult patients who have undergone definitive source control of cIAI. The working group, consisting of EAST members, was assembled to conduct a systematic review, perform meta-analyses, and using the GRADE framework, formulate clinical recommendations pertaining to this topic. The population (P), intervention (I), comparator (C), and outcome (O) question was defined as follows:

PICO: In adult patients with complicated intra-abdominal infections who have undergone definitive source control (P), should a short (I) vs. long duration of antibiotic treatment (C) be used to reduce the risk of surgical site infections, unplanned radiological or surgical interventions, hospital length of stay, readmissions, and mortality (O)?

Outcome Measures

Clinical outcomes that could potentially delineate the effect of a short course of antibiotics were independently proposed by all authors. The importance of the outcome measures was determined through the rating of each outcome by the working group members, and the mean scores for each outcome were calculated. Outcomes were rated from 1 to 9: a rating of 1 to 3 was deemed not important; 4 to 6 was deemed important; and 7 to 9 was deemed critical. Only the critical and important outcomes were selected for further analysis. Critical outcomes included mortality, readmissions, surgical site infection, recurrent/persistent abscess, unplanned interventional radiology (IR) and surgical intervention, and sepsis/septic shock, while one outcome was felt to be important-hospital length of stay (LOS). The sepsis/septic shock outcome was still included despite having a single study looking into that outcome. This inclusion is supported in the GRADEPro handbook, which states that important outcomes

should be included in the evidence profile whether or not information about them is available.⁶ Definitive source control is defined here as both operative and percutaneous procedures targeting the source of cIAI.

Determining Noninferiority

During the protocol design, the group decided that noninferior results of the meta-analyses would allow us to make recommendations favoring the intervention. "Noninferiority" was established based on a concept of "not worse" effect of the intervention over control.

The US Food and Drug Administration's document titled "Noninferiority Clinical Trials to Establish Effectiveness, Guidance for Industry" recommends establishing noninferiority margins based on historical data where the effect of the active control treatment has been established over placebo.7 The calculation for the noninferiority margins in this situation is done under "constancy assumption," which refers to a presence of sufficient similarities between historic and current noninferiority studies. These similarities pertain to patient populations, concomitant treatments, dose of active control and analytical approaches. The "constancy assumption" is not applicable when there has been a significant evolution in the disease definitions, diagnosis, and treatment.⁷ Taking into consideration the FDA recommendations, we chose acute appendicitis as the best historical reference for cIAI, given that there had been substantial changes in diagnosis and overall management of this condition over the last 70 years. Studies comparing management of acute appendicitis with and without (historical control) antibiotics were used to define noninferiority margins for risk difference for the selected outcomes: mortality, wound infection, and hospital length of stay^{8,9} (SDC Table 1, http://links.lww.com/ TA/D113). Per the FDA recommendations, noninferiority was confirmed when short course antibiotics preserved at least 90% of the lower bound 95% confidence interval (CI) of the long course antibiotics effect (SDC Table 1, http://links.lww.com/TA/D113).

The rest of the selected outcomes, such as recurrent abscess, unplanned IR/surgery and readmissions, were not reported allowing the application of the concept of "constancy assumption." For these outcomes, the members of the working group independently proposed clinically acceptable noninferiority margins for each of the selected outcomes. Median values of the proposed noninferiority margins were calculated and reflected a difference of rate (%) between pooled results for the intervention (short course antibiotics) and control (long course antibiotics) groups. These are the noninferiority margins: abscess, 5%; unplanned IR or surgery, 5%; readmission, 7.5%.

Identification of References

The citations search was performed by medical librarians. Databases included in the literature search and MeSH terms are presented in SDC 2 (http://links.lww.com/TA/D114). The process of selecting studies for the final systematic review involved, screening of titles and abstracts, followed by a screening of full texts of the selected manuscripts (SDC Fig. 1, http://links.lww. com/TA/D115). Included studies were those that evaluated adult patients with cIAI who underwent a definitive source control of cIAI and were treated with either short or long duration of antibiotics course. At every screening step, each citation was evaluated by two team members. All disagreements were resolved by

two group members (J.R., N.B.). Randomized controlled trials, prospective studies, and retrospective reviews with balanced comparison groups were considered for inclusion. Case reports/series, review articles, retrospective reviews without comparison groups, metaanalyses, non-English language publications, and articles reporting pediatric populations (patients <16 years) were excluded.

There were six randomized controlled trials (RCTs). Given the small number of RCTs, the decision was made to include observational and retrospective studies that reported comparison groups. Since there is no universal definition of short and long courses of antibiotic therapy, we used each article's definition of short and long duration.

Data Extraction and Methodology

The data extraction from each selected citation was performed by two group members. The data were extracted into Microsoft Excel spreadsheets (Microsoft Corp, Redmond, WA). Meta-analysis was done using Review Manager (RevMan) (Version 5.3; The Cochrane Collaboration, Oxford, United Kingdom). The continuous variables, specifically hospital LOS, were reported as a mean difference (MD). For the dichotomous outcomes, odds ratios (OR) were calculated. Confidence intervals of 95% for MD and OR were provided with a declared statistical significance of p < 0.05. Random-effects modeling was used for both dichotomous and continuous variables.

Methodology Quality Assessment

The GRADE methodology was used to assess the quality of the selected studies, which were ranked as high, moderate, low, or very low. To ensure that the evidence demonstrated a precise estimate of effect, the following principles were also considered: risk of bias, inconsistency, indirectness, imprecision, and publication bias. Each of the principles was assessed and included in the evidence profile for each outcome. Based on this, the quality of evidence was graded up or down. Evidence tables were developed using the GRADEpro Guidelines Development Tool (Evidence Prime Inc., Hamilton, Ontario, Canada).

Recommendations were made based upon the established risk-benefit ratios and how they applied to accepted patient values and preferences, balance between benefits and harms, cost, and resource issues as well as the quality of evidence. The strength of the recommendation was determined by the group. A strong recommendation would be prefaced with the phrase "we recommend" whereas a weak recommendation would be prefaced with "we conditionally recommend."

Measurement of Heterogeneity

To determine whether the study comparisons shared similar characteristics and that the patients were similar and received comparable care, the level of heterogeneity was evaluated using the RevMan software. The I^2 (%) statistic, or heterogeneity was calculated, and the degree of heterogeneity was reflected in the values obtained. The higher the value, the greater the degree of heterogeneity between patient populations. For example, an I^2 value of 25% to 49% reflected low heterogeneity, an I^2 value of 50% to 74% was moderate, and an I^2 value of 75% to 100% was considered high.¹⁰ In addition, forest plots were generated to calculate effect estimates and associated CI for each of the selected outcomes.

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RESULTS

PICO: In adult patients with complicated intra-abdominal infections who have undergone definitive source control (P), should a short (I) versus long duration of antibiotic treatment (C) be used to reduce the risk of surgical site infections, unplanned radiological or surgical interventions, hospital length of stay, readmissions, and mortality (O)?

Qualitative Analysis

A total of 16 studies were included in this guideline for qualitative analysis. See Table 1 for details of all studies included. There were five RCTs,^{2,11,17,18,22} one quasi-randomized clinical trial¹⁹ (this study postoperatively randomized treatment arms), two observational cohort studies^{12,16} and five retrospective studies with comparison group.^{13,15,20,21,23} The data from Sawyer et al. Randomized controlled trial underwent post hoc analyses and were published in three additional manuscripts.^{14,24,25} Those post hoc studies were not included in the quantitative analysis and one of the three studies were excluded from qualitative analysis as it looked at fungal IAI specifically.²⁴ The sixteen studies showed a wide range of heterogeneity (0-100%) among them. The sample sizes varied from 31 patients to 929 patients. All studies included adults (≥16 years old), except one that included children and adults.¹⁶ Two studies specifically looked at critically ill patients.^{15,17} In defining what was considered source control for the included studies, we found the following: one study did not specify source control methods,¹ seven studies were focused on surgical control,^{11,12,16,19-22} seven studies specifically included both operative and percutaneous methods, ^{2,14,15,17,18,23,24} and one study only focused on percutaneous procedure outcomes.25

For the purpose of this systematic review, the determination of a short or long duration of antimicrobial treatment was performed by taking the average of how short and long durations were defined in each of the included studies. The studies and the duration of the antimicrobial treatment are listed in Table 1, with the calculated average duration of the control and the experimental arms. A short duration ranged from one dose to ≤ 10 days with an average of 4 days and the long duration ranged from >1 day to 28 days with an average of 8 days. Even with the outliers for both the short and long duration removed, the short duration average was still 4 days and the long duration was 7.9 days.

Quantitative Analysis

There were seven initial outcomes that the task force had chosen: six critical (mortality, surgical site infection, persistent/recurrent abscess, unplanned interventional or operative interventions, sepsis and septic shock, and readmissions) and one important (hospital LOS). The outcome "sepsis and septic shock" was reported in only one study. This outcome was included based on the GRADE Pro Handbook recommendation that outcomes selected by the panel be included whether or not information is available for them.⁶

Mortality

There were six studies that reported mortality, three of which were RCTs (Table 2; SDC Fig. 2A, http://links.lww.com/TA/D189). Taken separately, none of the included studies reported statistically significant difference between the short- and

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Study	Study Design	n	Surgical Pathology	Definitive Source Control	Antimicrobial Duration	Study Conclusion
Basoli et al., 2008 ¹¹	RCT	90	Broad diseases	Yes	3 d to ≥5 d	3-d course of ertapenem had the same clinical and bacteriological efficacy as a standard duration in mild to moderate cases in severity
van Rossem, 2014 ¹²	Observational cohort study	267	Appendicitis	Appendectomy	3 d to ≥5 d	After appendicectomy for complicated appendicitis, 3 days of antibiotic treatment was equally effective as the ≥5-d course in reducing postoperative infections.
Hedrick et al., 2006 ¹³	Retrospective analysis of health system database	929	Broad diseases	Not specified	≤7 d to >7 d	Shorter courses of antibiotics were associated with similar or fewer complications than prolonged therapy. In general, adopting a strategy of a fixed duration of therapy, rather than basing duration on resolution of fever or leukocytosis, appeared to yield similar outcomes with less antibiotic use.
Sawyer et al., 2015 ²	RCT	518	Broad diseases	Yes	4–10 d	Patients with IAI who had undergone adequate source control procedure, the outcomes after fixed duration antibiotics therapy (approximately 4d) were similar to those after a longer course (approximately 8)
Rattan et al., 2016 ¹⁴	Post hoc, STOP-IT	129	Broad diseases	Percutaneous drainage	4–10 d	In post hoc analysis of STOP-IT trial, there was no difference in outcome between shorter and longer duration of antibiotic therapy in those with percutaneous drainage source control
Rattan et al., 2016b ¹⁴	Post hoc, STOP-IT	334	Broad diseases	Yes	4–10 d	A short course of antibiotics in cIAI with source control seems to have similar outcomes to longer course with patients with diabetes and obesity. Also short course of antibiotics in cIAI with source control seems to have similar outcomes to longer course with patients with increase severity of illness (APACHE).
Smith et al., 2017 ¹⁵	Retrospective cohort	240	Broad diseases	Yes	\leq 7 d to >7 d	In critically ill surgical patients with cIAI, short duration of antibiotics after source control, resulted in similar outcomes to previously published studies.
van Rossem et al., 2016 ¹⁶	National, multicenter, prospective, observational; cohort	266	Appendicitis	Appendectomy	3–5 d	Lengthening of postoperative antibiotic treatment to 5 d was not associated with a reduction in infection complications. Further restriction of antibiotic treatment can be considered in nonperforated complicated appendicitis.
Montravers et al., 2018 ¹⁷	RCT	236	Broad diseases	Yes	8–15 d	Studied 2–3 versus 4–5 versus >5-day course of antibiotics after laparoscopic (or with conversion to open) appendectomy for complicated appendicitis. 3 d of antibiotics for complicated appendicitis appeared to be sufficient. Longer duration was not associated with prevention of intra-abdominal abscesses and a reactive strategy based on clinical condition of the patient was therefore advised.

Continued next page

TABLE 1. (Continued)

Randomized controlled unblinded feasibility trial Quasi-Randomized Controlled trial Retrospective analysis	31 71	Broad diseases	With or without source control	≤10 d to >28 d 1 dose to 5 d	Short course of antibiotics (8 d) in critically ill ICU patients with pIAI reduced antibiotic exposure. Continuation of treatment until Day 15 was not associated with any clinical benefit. This feasibility study identified
Quasi-Randomized Controlled trial Retrospective analysis	71	Appendicitis	Appendectomy	1 dose to 5 d	This feasibility study identified
Retrospective					opportunities to increase recruitment in a full trial. This study demonstrates completion of a RCT to further evaluate if the optimum antibiotic duration for cIAI is feasible.
unury 515	266	Appendicitis	Appendectomy	\leq 5 d to >5 d	No statistically significant advantage in a 5-d course of metronidazole over a single preoperative dose.
Retrospective chart review	52	Appendicitis	Appendectomy	≤24 h to >24 h	In simple appendectomy, postoperative antibiotics may not be beneficial at all. In complicated appendectomy, prolonging antibiotics was not associated with a reduced IAI rate. However, cessation of intravenous antibiotics when fever on leukocytosis was present was associated with IAI development.
RCT	80	Appendicitis	Appendectomy	24 h to 6 d(+/-3)	Postoperative antibiotics may not provide an appreciable clinical benefit for preventing intra-abdominal abscesses
Retrospective analysis	133	Broad diseases	Yes	4–10 d	Decreased antibiotic days and increased use of short course antibiotics regimens for patients with complicated intra-abdominal infections after the publications of STOP-IT.
Post hoc, STOP-IT	58	Broad diseases	Yes	4–10 d	Patients with IAI involving fungal organisms randomized to a shorter course of antibiotics had no different rate of treatment failure. These results suggest that the presence of fungi in IAI may not indicate independently the need for longer course of antibiotics
R R P	CT etrospective analysis ost hoc, STOP-IT	CT 80 etrospective 133 analysis ost hoc, STOP-IT 58	CT 80 Appendicitis etrospective 133 Broad diseases analysis ost hoc, STOP-IT 58 Broad diseases	CT 80 Appendicitis Appendectomy etrospective 133 Broad diseases Yes analysis ost hoc, STOP-IT 58 Broad diseases Yes	CT 80 Appendicitis Appendectomy 24 h to 6 d(+/-3) etrospective analysis 133 Broad diseases Yes 4–10 d ost hoc, STOP-IT 58 Broad diseases Yes 4–10 d

long-term antibiotics courses. The initial pooled analysis of those six studies showed no difference between a short and long duration of antibiotics (OR, 0.90; 95% CI, 0.56–1.44). The heterogeneity was 0% among the studies. The subgroup analyses of the RCTs and the observational and retrospective studies (O/R), did not demonstrate statistically significant difference between short and long duration for mortality (SDC Fig. 2A1 and Fig. 2A2, http://links.lww. com/TA/D189). Subgroup analysis performed by cohorting the studies into similar short and long treatment duration (4 days vs. 10 days and 8–10 days vs. 15–18 days) groups, showed no significant difference in mortality (SDC Fig. 3A1 and 3A2, http:// links.lww.com/TA/D190).

Surgical Site Infection

There were six studies that looked at the surgical site infection outcome, three of which were RCTs (SDC Fig. 2B, http://links.lww.com/TA/D189, Table 2). Surgical site infections were reported as superficial,^{21,22} deep,²² and were not specified as either superficial or deep.^{2,11,16,23} This outcome did not include organ specific infections or intra-abdominal abscesses.

The initial pooled analysis of the six included studies showed no difference between a short and long duration of antibiotics (OR, 0.88; 95% CI, 0.56–1.38) (SDC Fig. 2B, http://links.lww.com/TA/D189). Also, when separating the RCTs and the observational and retrospective (O/R) studies, there was no statistically significant difference between short and long duration for SSIs (SDC Fig. 2B1 and 2B2, http://links.lww.com/TA/D189). The heterogeneity among these studies was 0%. Subgroup analysis, cohorting the studies by similar short and long treatment duration (1 day vs. 1–6 days; 3 days vs. 5 days, 4 days vs. 10 days), failed to demonstrate statistical significance (SDC Fig. 3B1, 3B2 and 3B3, http://links.lww.com/TA/D190).

Persistent/Recurrent Abscess

Ten studies evaluated the outcome of persistent and recurrent abscess, and four of them were RCTs (SDC Fig. 2C, http://links. lww.com/TA/D189, Table 2). The initial pooled analysis of the

TABLE 2. Assess	ment of Evide	ince									
Certainty Assessme	int					No. P:	atients	Effect			
No. Studies Study D	Risk of esign bias	Inconsistency	Indirectness	Imprecision	Other Considerations	Short Duration of Antibiotic Treatment	Long Duration	Relative (95% CI)	Absolute (95% CI)	Certainty	Importance
Mortality (RCT) 4 ^{2,17,18,19} Random trials	ized Not serious	Not serious	Not serious	Serious*	None	16/427 (3.7%)	21/428 (4.9%)	OR, 0.77 (0.39–1.52)	11 fewer per 1,000 (from 29 fewer to 24 more)	⊕⊕⊕⊖ Moderate	Critical
Mortality (O/R) 2 ^{15,23} Observat studie	ional Serious* ⁴	* Not serious	Not serious	Serious*	None	18/162 (11.1%)	23/211 (10.9%)	OR, 1.03 (0.53–2.01)	3 more per 1,000 (from 48 fewer to 88 more)	⊕∞∞ Very low	Critical
Surgical site infectio 3 ^{2,11,22} Random trials	n (RCT) ized Not serious	Not serious	Not serious	Serious*	None	25/339 (7.4%)	30/349 (8.6%)	OR 0.84 (0.48–1.48)	13 fewer per 1,000 (from 43 fewer	⊕⊕⊕⊖ Moderate	Critical
Surgical site infectio 3 ^{16,21,23} Observat studie.	n (O/R) ional Serious* ⁴	* Not serious	Not serious	Serious*	None	14/142 (9.9%)	25/309 (8.1%)	OR 0.95 (0.45 to 2.02)	4 fewer per 1,000 (from 43 fewer	⊕ಂ⊙ Very low	Critical
Persistent/recurrent i 6 ^{2, 11–15} , Random, trials	abscess (RCT) ized Not serious	Not serious	Not serious	Serious*	None	68/508 (13.4%)	56/517 (10.8%)	OR, 1.21 (0.83–1.78)	to /0 more) 20 more per 1,000 (from 17 fewer	⊕⊕⊕⊖ Moderate	Critical
Persistent/recurrent ; 4 ^{13,15,16,23} Observat studie	tbscess (O/P) ional Serious*≰	⁴ Not serious	Not serious	Serious*	None	60/455 (13.2%)	277/1113 (24.9%)	OR, 0.40 (0.26–0.61)	to 69 more) 132 fewer per 1,000 (from 170 fewer	⊕∞∞ Very low	Critical
Unplanned intervent 3 ^{17,18,19} Randonn trials	ions (RCT) zed Not serious	Serious [†]	Not serious	Serious*	None	65/169 (38.5%)	50/168 (29.8%)	OR, 0.88 (0.22–3.44)	to 81 fewer) 26 fewer per 1,000 (from 212 fewer to	⊕⊕⊙ Low	Critical
Readmission (O/P) 2 ^{16,23} Observat studie:	ional Not s serious	Not serious	Not serious	Serious*	None	17/134 (12.7%)	34/265 (12.8%)	OR, 0.90 (0.47–1.73)	295 more) 295 more) 11 fewer per 1,000 (from 64 fewer to 75 more)	⊕ooo Very low	Critical

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Length o 3 ^{2,17,18}	f stay (RCT) Randomized trials	Not serious	Not serious	Not serious	Serious*	None	390	393	I	MD 0.02 higher $\oplus \oplus$ (0.18 lower M	⊕⊖ Critical loderate	
n dho an T										to 0.22 higher)		
2 ^{15,23}	1 stay (U/F) Observational	Not	Not serious	Not serious	Serious*	None	162	211		MD 6 fewer \oplus	D Very Critical	
	studies	serious								(15.8 fewer ld to 3.8 more)	M	
*Widt	CIs and low numb	ver of study su	ubjects.									
**Sel †Inco.	ection and performs asistent direction ar	ince bias. Id magnitude	of the interventio	n effect.								1

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10 included studies showed no difference between short and long duration of antibiotics (OR, 0.76; 95% CI, 0.45-1.29) (SDC Fig. 2C, http://links.lww.com/TA/D190). There was high heterogeneity among the studies at 69%. When separating the RCTs and observation and retrospective (O/R) studies, there was no statistically significant difference between short and long duration for persistent and recurrent abscess among the RCTs (SDC Fig. 2C1, http:// links.lww.com/TA/D190). However, there was a significant statistically difference among the observational and retrospective studies that favored short duration of antimicrobial treatment with some heterogeneity ($I^2 = 33\%$) among the studies (Fig. 2C2). Subgroup analysis cohorting the studies by similar short and long treatment duration showed no statistical significance in 3 days versus 5 days; 4 days versus 10 days; 8 days to 10 days versus 15 days to 28 days (SDC Fig. 3C1, 3C3, and 3C4, http:// links.lww.com/TA/D190). For the \leq 7-day versus >7-day cohort, the abscess outcome favored shorter duration (SDC Fig. 3C2, http://links.lww.com/TA/D190).

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Unplanned Interventional Radiology/ **Operative Intervention**

Four studies looked at the outcome of unplanned interventional radiology/operative intervention, three of which were RCTs^{17,18,22} and one observational¹⁵ (SDC Fig. 2D, http://links.lww.com/TA/D189, Table 2). Brennan et al.,¹⁹ who studied outcomes of complicated acute appendicitis patients, and Ahmed et al.,¹⁸ who studied patients with complicated intra-abdominal infections, showed no statistically significant difference between short and long duration of antibiotics. Montravers et al.¹⁷ and Smith et al.¹⁵ reported management of complicated intra-abdominal infections in critically ill patients. Montravers et al.¹⁷ demonstrated lower risk of reintervention in 15-day versus 8-day course. Smith et al.¹⁵ reported lower risk of shorter antibiotics duration.

The initial pooled analysis of four included studies showed no difference between the short and long duration of treatment (OR, 0.53; 95% CI, 0.12-2.26). The subgroup analysis cohorting the RCTs showed no difference between short and long duration of antibiotics (OR, 0.88; 95% CI, 0.22-3.44) (SDC Fig. 2D1, links.lww.com/TA/D189). The heterogeneity among the studies was 89%. The subgroup analysis; cohorting the studies by similar short, 8 days to 10 days, versus long, 15 days to 28 days, treatment duration; demonstrated no statistically significant difference between the groups (SDC Fig. 3D1, http://links.lww.com/TA/D190).

Readmission

Three studies reported the readmission outcome, one of which was an RCT²² and two observational^{16,23} (SDC Fig. 2E, http://links.lww.com/TA/D189, Table 2). Saar et al.²² and van Rossem et al.¹² studied the outcomes of patients with complicated appendicitis and Posillico et al.²³ studied outcomes in patients with complicated intra-abdominal infections. The initial pooled analysis including all three studies showed no statistical differences between short and long-term course of antibiotics (OR, 0.92; 95% CI, 0.50–1.69) (SDC Fig. 2E, http://links.lww. com/TA/D189). The heterogeneity among the studies was 0%. A subsequent pooled analysis cohorting the two observational studies showed no difference between short and long duration of antibiotics

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(OR, 0.90; 95% CI, 0.47–1.73) (SDC Fig. 2E1, http://links.lww.com/ TA/D189). The heterogeneity among the studies was low at 0%.

Hospital Length of Stay

Five studies looked at hospital LOS, three of which were RCTs^{2,17,18} and two were observational^{15,23} (SDC Fig. 2F, http://links.lww.com/TA/D189, Table 2). The initial pooled analysis of the five studies showed no statistical difference between the short and long duration (OR, -2.62; 95% CI, -7.08 to 1.83). The heterogeneity was very high at 100%. The separate pooled analyses of RCT versus observational and retrospective studies showed no difference between short and long duration of antibiotics (SDC Fig. 2F1 and Fig. 2F2, http://links.lww.com/TA/ D189). The heterogeneity among the observation and retrospective studies were 100%, and for RCTs the heterogeneity was 0%. Subgroup analysis cohorting the studies by similar short and long treatment duration showed no statistical significance between the 4-day and 10-day; 8- to 10-day and 15- to 28-day cohort (SDC Fig. 3E1 and Fig. 3E2, http://links.lww.com/TA/ D190). The heterogeneity for the 4-day versus 10-day cohort was high at 96% and was low for the other cohort at 0%.

Sepsis/Septic Shock

One RCT reported sepsis and septic shock outcome¹⁷ (SDC Fig. 2G, http://links.lww.com/TA/D189). Montravers et al.¹⁷ studied antibiotic duration in critically ill intensive care unit (ICU) patients with postoperative intra-abdominal infections. Short duration was defined as 8 days and long duration was defined as 15 days. There was no clinical benefit for the longer vs. shorter duration in critically ill ICU patients (OR, 2.69; 95% CI, 0.86-9.96; p = 0.06).

Grading of the Evidence

The quality of the evidence was assessed as low (Table 2). Although there were five randomized control trials and one quasirandomized clinical trial, the level of evidence was downgraded for several reasons.

In addition to the six RCTs, there were five retrospective reviews, two observational studies and three post hoc analyses of a single RCT were included into this systematic review. The inclusion of non-RCTs downgraded the level of evidence due to limitations of study's design. The publication bias was determined since only studies with positive results were published, and because there was asymmetry in the funnel plots (SDC Fig. 4, http://links.lww.com/TA/D118). Across all outcomes, a serious imprecision was detected due to a low number of included subjects and wide CIs. The heterogeneity ranged widely from 0% to 100%.

Recommendation

In adult patients with complicated intra-abdominal infections who have undergone definitive source control, we recommend a short (4 days) versus long (8 days) duration of antimicrobial treatment. The definition of definitive source control included both operative and percutaneous procedures. This recommendation is based on the noninferior effect of a short versus long antibiotic course duration, taking into account the lower risk of antibiotic related complications along with reduced cost.^{22,26,27} Mortality and length of stay outcomes preserved 90% of historically established risk difference effect of "no antibiotics" versus "antibiotics."

Rates of recurrent abscess, unplanned IR/surgery and readmission were noninferior based on the working groups established noninferiority margins. The working group assumed that an average patient would prefer a shorter exposure to antibiotics. Antibiotic stewardship was created in an effort to reduce inappropriate antibiotic utilization, avoid increased cost of care, and decrease the incidence of adverse clinical events such as the emergence of multidrug-resistant (MDR) organisms and Clostridium difficile infections.^{22,26,27} While the quality of evidence was low when looking at the studies as a whole, there were six randomized control trials including the STOP-IT trial which was a study with over 500 patients and was well designed. Also, it is unclear if there will be any further studies that will provide stronger evidence to support shorter duration of treatment. The GRADE Handbook states that the strength of the recommendation should be based on the confidence of the work group that the desirable effects of the intervention outweigh the undesirable effects. Our initial recommendation was that we conditionally recommended a shorter duration of antibiotics. This decision was based mostly on the quality of evidence rather than the impact or implications it would have on the clinicians and the patients. We decided to look more carefully into our GRADE methodology and decided that we needed to rethink about our recommendation. We performed a blind vote among the group after each member considered the evidence as well as reviewing the GRADE Handbook discussion about deciding the strength of recommendations. More than 70% of the group voted in favor of a stronger recommendation over the previous conditional recommendation.

In determining the generalizability of our recommendation. We recommend that most patients, including those who are critically ill and/or have multiple comorbid conditions would benefit from a shorter duration of antibiotics. There were three studies that specifically focused on critically ill or high Acute Physiology and Chronic Health Evaluation (APACHE) score populations with similar findings between the long and short duration of treatment.^{14,15,18} Ahmed et al.¹⁸ was a feasibility randomized control trial of 31 patients. Rattan et al.¹⁴ was as post hoc analysis of the STOP-IT trial looking specifically at diabetic and obese patients as well as those with high APACHE scores with 334 patients. Smith et al.¹⁵ was a retrospective study of 240 patients. Therefore, this recommendation would include those with multiple comorbid conditions or critically ill.

Using This Guideline in Clinical Practice

This guideline represents the results of a systematic review of the available evidence regarding antimicrobial treatment duration in adult patients with complicated intra-abdominal infections after definitive source control. Patients with complicated intra-abdominal infections should undergo initial fluid resuscitation, timely initiation of empiric antimicrobial treatment and definitive source control.²⁸ Surgical removal or repair of the affected organ and an adequate drainage (surgical or percutaneous) serve as options of the definitive source control. Obtaining cultures of the infectious source should be a part of the initial management. Once definitive source control has been achieved, the recommendations from this practice management guideline can be applied. The noninferior effect and a low risk of antibiotic related complications, favors a short versus long duration of antibiotics. The exact antibiotic regimen should be

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considered according to the surgical pathology, individual patients characteristics and local institutional protocols. The recommendation for short duration (defined as four or less days of antimicrobial treatment) over long duration (defined as 8 days or longer) was made despite the overall low quality of the available evidence, the evidence included six randomized control trial including one that was a high-quality large study, the STOP-IT Trial²⁴ that will not likely be replicated in the near future. Although, there was a lack of universal definition of short or long duration of treatment, for the purpose of this guideline, we took the average of the short versus long duration from the studies included.

Other considerations were taken into account when making the recommendation for a shorter duration of antimicrobial treatment. Posillico et al.²³ found that a shorter antibiotic course was associated with median hospital cost, but this difference was not statistically significant. The study by Montravers et al.,¹⁷ one of the three studies included in our meta-analysis, evaluated the length of therapy and emergence of multidrug resistant (MDR) organisms and found that there was no statistically significant difference between short (8 days) and long (15 days) treatment arms. Smith et al.,¹⁵ the other study that evaluated for the emergence of MDR organisms, found that although there was a trend toward increased MDR resistance in patients who received a longer duration, this was not statistically significant. The third study was by Sawyer et al.,² and in this article, the authors found no statistically significant difference in C. difficile infection and extra-abdominal infection with resistant organisms between the two groups. The study by Rattan et al.²⁵ was the only study that compared C. difficile infections in the short and long durations groups and this group found no statistical difference between the two and recommended a larger study.

Subgroup analysis, cohorting the studies by similar treatment duration, did not show statistically significant difference between shorter vs. longer treatment duration except for the persistent and recurrent abscess outcome favoring shorter duration of ≤ 7 days. Additional subgroup analysis cohorting RCTs and observation and retrospective studies, did not statistically show significant differences between a short versus a long duration of antimicrobial treatment for each of the outcomes except for persistent and recurrent abscess. Among the observational and retrospective studies, shorter duration was favored which was those treated for ≤ 7 days. However, despite the differences in study design, quality of the studies, risk of bias, heterogeneity, and imprecision, our analysis showed that a shorter duration of antibiotic therapy was noninferior to a long duration of antimicrobial treatment. Therefore, there is no reason to subject a patient to a longer course of antibiotics. Potential benefits of a short duration of treatment are: decreasing the risk of antimicrobial resistance, side effects of antibiotics, decreased risk of C. difficile infections, as well as increased options for patient monitoring either in the inpatient or outpatient setting, and possibly an decreased cost of medical care.

There were several limitations of this practice management guideline. The majority of the included studies were observational. Six of the 16 studies specifically looked at treatment of appendicitis and whether these data can be applied to all complicated intra-abdominal infections in adults, may leave that question not fully answered until further high-quality studies are performed. One of the post hoc analyses of the STOP-IT trial²⁴ looked

specifically at the duration of treatment in fungal intra-abdominal infections, and it is unclear if fungal infections require a similar duration of treatment as bacterial infections and thus it was removed from the quantitative analysis. Additional limitations of this systemic review include the risk of incomplete retrieval of identified references due to the inclusion only English language manuscripts.

FUTURE INVESTIGATIONS

Further high-quality studies are needed to further support these recommendations and improve the level of evidence regarding the optimal duration of antimicrobial treatment for intra-abdominal infections in adults after definitive source control. Also, more specific definitions of short and long durations of treatment would help providers decide on the duration of treatment. Whether fungal intra-abdominal infections or those with resistant pathogens specifically need a different treatment duration is yet undetermined. Whether the immunocompromised or patients with comorbid conditions need a longer duration of antimicrobial treatment, further study is also necessary. Rattan et al.,¹⁴ in post hoc analysis of the STOP-IT Trial²⁴ did look specifically at those patients with obesity, diabetes, or APACHE II Score of ≥15 and found that those patients treated with 4 days of antibiotics had similar outcomes to those treated for longer. Also, further work is needed to determine which patients may warrant a longer duration of treatment such as biomarkers for ongoing sepsis, treatment for resistant organisms, and those patients who are immunocompromised. Hedrick et al¹³ did study whether shorter duration (≤7 days) of antibiotics was associated with similar outcomes compared with longer duration (>7 days) by looking at the difference between a fixed duration of treatment and one based on physiologic measures such as leukocytosis and fever. They found that shorter or fixed duration was associated with similar or fewer complications than prolonged therapy based on physiologic measures and recommended larger randomized trials.

In conclusion, in adults with intra-abdominal infection after definitive source control, our committee recommended a short duration, defined as 4 days or shorter, of antimicrobial treatment, over a long duration, defined as 8 days or longer. Considerations included a noninferior effect of a short duration of antibiotics on the selected outcomes, cost, patient preference for a short course of treatment, and potential harm of multidrug resistance, and drug interactions associated with the longer treatment.

AUTHORSHIP

J.H.R. participated in the study idea, study design, literature search, data collection, data analysis, data interpretation, drafting the article, and critical revisions. R.R. participated in the study design, data collection, data interpretation, and critical revisions. N.J.P. participated in the study design, data collection, data interpretation, and critical revisions. C.A.B. participated in the study design, data collection, data collection, data collection, data interpretation, and critical revisions. C.A.B. participated in the study design, data collection, data interpretation, and critical revisions. S.G. participated in the study design, data collection, data interpretation, and critical revisions. S.G. participated in the study design, data collection, data interpretation, and critical revisions. J.J.C. participated in the study design, data collection, data interpretation, and critical revisions. S.M.S. participated in the study design, data collection, data interpretation, and critical revisions. S.M.S. participated in the study design, data collection, data interpretation, and critical revisions. S.M.S. participated in the study design, data collection, data interpretation, and critical revisions. S.M.S. participated in the study design, data collection, data interpretation, and critical revisions. N.B. participated in the study design, data collection, data interpretation, and critical revisions. N.B. participated in the study design, data collection, data analysis, data interpretation, drafting the article, and critical revisions.

DISCLOSURE

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